

## SYDNEY N. INGEL

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George Mason University  
Department of Criminology, Law & Society

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### **RESEARCH INTERESTS**

Prisons & Jails, Probation, Reentry, and Vulnerable/Minority Populations

### **EDUCATION**

George Mason University August 2018-In Progress  
Doctoral Student in Criminology, Law and Society

George Mason University May 2020  
M.A. Criminology, Law and Society

- Master's Thesis: *Unpacking Prison Culture: The Role of Staff Relationships*

Quinnipiac University August 2014-May 2018  
B.A. Psychology & Criminal Justice with Honors

- GPA: 3.99
- Summa Cum Laude
- Undergraduate Psychology Thesis:
  - Part I: *The psychological effects of childhood maltreatment*
  - Part II: *The history of childhood maltreatment in the United States*
- Undergraduate Criminal Justice Thesis: *Evaluation of the effectiveness of current local policy on prostitution* in New Haven, CT

### **EXPERIENCE**

George Mason University August 2018-Present  
ACE! (Center for Advancing Correctional Excellence)—Dr. Danielle Rudes  
Graduate Research Assistant

- Position with 20 hours a week in the lab or in the field on qualitative grant-funded research projects.

U.S. Marshals Service Intern 9/2017-12/2017  
U.S. Marshals Service Office, New Haven, CT  
Hours: 10 hours per week, part-time

- Assist Threat Investigator with investigations into threatening or suspicious activity directed towards federal court personnel. Assist by doing reverse IP address lookups, social media lookups, reading call transcripts, and writing reports.
- Audit case files of people in custody to make sure the files meet agency requirements.
- Observe federal court process by attending trials, sentencing, arraignments, and hearings.

Public Defender Intern 01/2017-04/2017  
New Haven Public Defenders Office, New Haven, CT  
Hours: 10-14 hours per week, part-time

- Assist with the intake of 5-12 clients a day. This involves interviewing clients to discover the necessary information for a public defender application.
- Interact with a diverse population, including inmates locked up in the courthouse jail.
- Initiated a new project aimed at organizing the re-arrest files. Organized over 600 files and set up a system for future interns to continue the project.

Adult Probation Intern

06/2016-08/2016

Adult Probation Intake Office, New Haven, CT

Hours: 14 hours per week, part-time

- Assist with the intake of 7-10 clients a day. This involves giving clients the conditions of their probation (e.g. no new arrests, community service, receive a mental health evaluation, receive drug treatment, etc.), signing clients up for the Accelerated Rehabilitation program, and signing clients up for the Supervised Diversionary Program.

### **CONFERENCE PRESENTATIONS**

- “Rights vs. Privileges: Discretionary and Ambiguous Policy Interpretation Inside Restricted Housing Units” (Non-Presenting Author) at Law & Society Association Conference, Washington, DC. June 2019, with Dr. Danielle Rudes.
- “Pains of Imprisonment: The Expressed & Relative Burdens of Living in Restricted Housing Units” (Non-Presenting Author) at Western Society of Criminology Conference, Phoenix, AZ. February, 2020.
- “Relational Supervision: Relationships among non-custodial staff and individuals in prison” at American Society of Criminology Conference, San Francisco, CA. November 2019.
- “Unpacking Prison Culture: The Role of Staff Relationships” at Academy of Criminal Justice Sciences Conference [Cancelled due to COVID-19], San Antonio, TX. March 2020.
- “Reclaiming Power and Control Within Restrictive Prison Units” at American Society of Criminology Conference [Cancelled due to COVID-19], Washington, DC. November 2020.
- “Deprivation Leads to Innovation Within Restricted Housing Units” at Academy of Criminal Justice Sciences Conference [Cancelled due to COVID-19], Orlando, FL. March 2020.

### **PUBLICATIONS**

#### Articles

- Ingel, S. (2019). Book Review of *Convicted and Condemned* by Keesha Middlemass. *Criminal Justice Review*.
- Ingel, S., Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*, 15(2), e12847.
- Ingel, S., Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Teaching and Learning Guide for: Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*.

- Ingel, S., Smith, L., Rudes, D., & Magnuson, S. (2021). Deprivation Leads to Innovation Within Restricted Housing Prison Units. *Deviant Behavior*.
- Rudes, D., Magnuson, S., Ingel, S., & Hartwell, T. (2021). Rights-in-Between: Resident Perceptions of and Accessibility to Rights within Restricted Housing Units. *Law & Society Review*, 55(2).

### Reports

- Debus-Sherrill, S., Breno, A., Ingel, S., & Taxman, F. (2019). *Alameda County Probation Department: Second Chance Act Evaluation: Final Report*. Fairfax, VA: George Mason University.
- Rudes, D., Ingel, S., & Portillo, S. (2020). *Douglas County, Kansas: Individual, Organizational, & Community Gap Analysis Regarding Justice-Involved Individuals (pre-, during, and post-incarceration)*. Fairfax, VA: George Mason University.

### PAPERS UNDER REVIEW

- Ingel, S., Davis, L., Rudes, D., Taxman, F., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., & Sheidow, A. (Under Review). Juvenile Probation Officer Perceptions of Parental Involvement in Juvenile Probation and with Contingency Management.

### WORK IN PROGRESS PAPERS

- Ingel, S., Barberi, D., Rudes, D., & Taxman, F. (Work in Progress). Lessons Learned from a Peer Support Program for Individuals Seeking Substance Use Recovery.
- Rudes, D., Magnuson, S., Ingel, S., & Hartwell, T. (Work in Progress). Purposive Placement within Restricted Housing Units.
- Rudes, D., Magnuson, S., Ingel, S., & Hartwell, T. (Work in Progress). Pains of Imprisonment: The Expressed & Relative Burdens of Living in Restricted Housing Units.
- Ingel, S., Davis, L., Rudes, D., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., Taxman, F., & Sheidow, A.. (Work in Progress). Misunderstanding and Sensemaking Among Juvenile Probation Officers Working with Evidence-Based Practices.
- Ingel, S., Davis, L., Rudes, D., Drazdowski, T., McCart, M., Chapman, J., Sheidow, A., & Taxman, F. (Work in Progress). Juvenile Probation Officers' Perceptions of Their Roles and Goals.
- Ingel, S. & Wilson, D. (Work in Progress). Meta-Analysis of Overdose Death Rates Among Recently Released Prisoners.
- Smith, L. & Ingel, S. (Work in Progress). "We, as women, focus on relationships": Women Jail Residents' Resource Attainment Efforts via Correctional Officer Relationships.
- Smith, L., Ingel, S., & Rudes, D. (Work in Progress). Women's Wellness While Living in Restricted Housing Units.

### TRAININGS

- Atlas.ti Training for Texas Christian University March 2021

### SCHOLARSHIPS

- George Mason University Presidential Scholarship August 2018-Present

- CLS Summer Award (\$5,000)

May 2019

### **PROFESSIONAL AFFILIATIONS**

- American Society of Criminology
- Academy of Criminal Justice Sciences
- Psi Chi, the international Honors Society in Psychology
- Alpha Phi Sigma, the National Criminal Justice Honor Society

### **SKILLS**

- Basic training in Atlas.ti, SPSS, and R