

CURRICULUM VITAE
SYDNEY N. INGEL

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George Mason University
Department of Criminology, Law & Society

RESEARCH INTERESTS

Prisons & Jails, Probation, Reentry, and Vulnerable Populations

EDUCATION

George Mason University 08/2018-In Progress
Doctoral Student in Criminology, Law and Society

George Mason University 05/2020
M.A. Criminology, Law and Society

- Master's Thesis: *Unpacking Prison Culture: The Role of Staff Relationships*

Quinnipiac University 08/2014-05/2018
B.A. Psychology & Criminal Justice with Honors

- GPA: 3.99
- Summa Cum Laude
- Undergraduate Psychology Thesis:
 - Part I: *The psychological effects of childhood maltreatment*
 - Part II: *The history of childhood maltreatment in the United States*
- Undergraduate Criminal Justice Thesis:
 - *Evaluation of the effectiveness of current local policy on prostitution in New Haven, CT*

EXPERIENCE

George Mason University 08/2022-present
EJS (Early Justice Strategies) Lab—Dr. Evan Lowder
Graduate Research Assistant

- Assist with systematic review on pre-trial defendants' needs.
- Assist with administering a survey to pre-trial defendants.
- Assist with interviews of pre-trial defendants.

George Mason University 08/2018-present
ACE! (Center for Advancing Correctional Excellence)—Dr. Danielle Rudes
Graduate Research Assistant & Consultant

- Assist with qualitative research projects, primarily those involving interview or focus group data.
- Interviewed 100+ probation officers, prison staff, male prison residents, female prison residents, peer recovery specialists, and civil court researchers

U.S. Marshals Service Intern 9/2017-12/2017
U.S. Marshals Service Office, New Haven, CT

Hours: 10 hours per week, part-time

- Assist Threat Investigator with investigations into threatening or suspicious activity directed towards federal court personnel. Assist by doing reverse IP address lookups, social media lookups, reading call transcripts, and writing reports.
- Audit case files of people in custody to make sure the files meet agency requirements.
- Observe federal court process by attending trials, sentencing, arraignments, and hearings.

Public Defender Intern

01/2017-04/2017

New Haven Public Defenders Office, New Haven, CT

Hours: 10-14 hours per week, part-time

- Assist with the intake of 5-12 clients a day. This involves interviewing clients to discover the necessary information for a public defender application.
- Interact with a diverse population, including inmates locked up in the courthouse jail.
- Initiated a new project aimed at organizing the re-arrest files. Organized over 600 files and set up a system for future interns to continue the project.

Adult Probation Intern

06/2016-08/2016

Adult Probation Intake Office, New Haven, CT

Hours: 14 hours per week, part-time

- Assist with the intake of 7-10 clients a day. This involves giving clients the conditions of their probation (e.g. no new arrests, community service, receive a mental health evaluation, receive drug treatment, etc.), signing clients up for the Accelerated Rehabilitation program, and signing clients up for the Supervised Diversionary Program.

CONFERENCE PRESENTATIONS

- “Race, Misconduct, and Disciplinary Action in United States Prisons” at American Society of Criminology, Atlanta, GA. November 2022.
- “Incarcerated and Counted for Monetary Gains: When the Misuse of the Census Takes Critical Funding Away” lightning talk presented at American Society of Criminology, Atlanta, GA. November 2022.
- “‘Like an animal’: The Well-being of Women Living in Restricted Housing Units” at American Society of Criminology, Atlanta, GA. November 2022.
- “Prevalence of Drug-Related Deaths Among Formerly Incarcerated Individuals: A Meta-Analysis” poster presented at Western Society of Criminology Conference, Honolulu, Hawaii. February 2022.
- “‘Like an animal’: The Well-being of Women Living in Restricted Housing Units” at Sociologists for Women in Society Conference [Cancelled due to COVID-19], Santa Ana, New Mexico. January 2022.
- “‘We, as women, focus on relationships’: Women Jail Residents Resource Attainment Efforts via Correctional Officer Relationships” at American Society of Criminology Conference, Chicago, IL. November 2021.
- “Reaching Out: Prosocial Behavior in Restricted Housing Units” at American Society of Criminology Conference, Chicago, IL. November 2021.
- “Deprivation Leads to Innovation Within Restricted Housing Units” at American Sociological Association, Virtual Conference. August 2021.

- “Deprivation Leads to Innovation Within Restricted Housing Units” at Academy of Criminal Justice Sciences Conference [Cancelled due to COVID-19], Orlando, FL. March 2021.
- “Reclaiming Power and Control Within Restrictive Prison Units” at American Society of Criminology Conference [Cancelled due to COVID-19], Washington, DC. November 2020.
- “Unpacking Prison Culture: The Role of Staff Relationships” at Academy of Criminal Justice Sciences Conference [Cancelled due to COVID-19], San Antonio, TX. March 2020.
- “Relational Supervision: Relationships among non-custodial staff and individuals in prison” at American Society of Criminology Conference, San Francisco, CA. November 2019.
- “Rights vs. Privileges: Discretionary and Ambiguous Policy Interpretation Inside Restricted Housing Units” (Non-Presenting Author) at Law & Society Association Conference, Washington, DC. June 2019, with Dr. Danielle Rudes.
- “Pains of Imprisonment: The Expressed & Relative Burdens of Living in Restricted Housing Units” (Non-Presenting Author) at Western Society of Criminology Conference, Phoenix, AZ. February, 2020.

PUBLICATIONS

Peer Reviewed Articles

- Smith, L., **Ingel, S.**, & Rudes, D. (2023). “Like an animal”: the well-being of women living in restricted housing units. *Health & Justice*, *11*(15). <https://doi.org/10.1186/s40352-023-00215-y>
- **Ingel, S.**, Drazdowski, T., Rudes, D., McCart, M., Chapman, J., Taxman, F., & Sheidow, A. (2023). Juvenile Probation Officers’ Perceptions of Sanctions and Incentives as Compliance Strategies. *Journal of Applied Juvenile Justice Services*.
- **Ingel, S.**, Barberi, D., Rudes, D., & Taxman, F. (2022). Lessons Learned from a Peer Support Program for Individuals Seeking Substance Use Recovery. *Journal of Offender Rehabilitation*, *61*(8), 1-15. DOI: [10.1080/10509674.2022.2128151](https://doi.org/10.1080/10509674.2022.2128151)
- **Ingel, S.**, Davis, L., Rudes, D., Taxman, F., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., & Sheidow, A. (2022). Juvenile Probation Officer Perceptions of Parental Involvement in Juvenile Probation and with Contingency Management. *Criminal Justice and Behavior*.
- **Ingel, S.**, Davis, L., Rudes, D.S., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., Taxman, F., & Sheidow, A. (2021). Misunderstanding and Sensemaking among Juvenile Probation Officers Working with Evidence-Based Practices. *Victims & Offenders*. doi: [10.1080/15564886.2021.1985670](https://doi.org/10.1080/15564886.2021.1985670)
- Rudes, D., Magnuson, S., **Ingel, S.**, & Hartwell, T. (2021). Rights-in-Between: Resident Perceptions of and Accessibility to Rights within Restricted Housing Units. *Law & Society Review*, *55*(2), 296-319.
- **Ingel, S.**, Smith, L., Rudes, D., & Magnuson, S. (2021). Strain & Gain: Deprivation Leads to Innovation Within Restricted Housing Prison Units. *Deviant Behavior*, *42*(1), 1-19. DOI: <https://doi.org/10.1080/01639625.2021.1913453>

- **Ingel, S.**, Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*, 15(2), e12847.

Teaching Materials

- **Ingel, S.**, Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Teaching and Learning Guide for: Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*.

Book Chapters & Book Reviews

- Smith, L., & **Ingel, S.** (2022). “We, as Women, Focus on Relationships”: Women Jail Residents' Resource Attainment Efforts via Connections with Female Correctional Officers. In E.M. Ahlin, O. Mitchell, & C.A. Atkin-Plunk (Eds.), *Handbook on Inequalities in Sentencing and Corrections among Marginalized Populations* (pp. 148-158). Routledge.
- **Ingel, S.** (2019). Book Review of *Convicted and Condemned* by Keesha Middlemass. *Criminal Justice Review*.

Technical Reports

- Rudes, D., **Ingel, S.**, & Kushmerick-McCune, B. (2023). *System Review of Fairfax County's Juvenile & Domestic Relations District Court (adult)*. Fairfax, VA: George Mason University.
- Rudes, D., **Ingel, S.**, Smith, L., Kushmerick-McCune, B., & McPherson Arter, M. (2022). *Examining the Current State of Civil Court Research in the United States*. Fairfax, VA: George Mason University.
- Rudes, D. & **Ingel, S.** (2021). *Individual, Organizational, & Community Analysis In Preparation for a Diversion Program*. Fairfax, VA: George Mason University.
- Rudes, D., **Ingel, S.**, & Portillo, S. (2020). *Douglas County, Kansas: Individual, Organizational, & Community Gap Analysis Regarding Justice-Involved Individuals (pre-, during, and post-incarceration)*. Fairfax, VA: George Mason University.
- Debus-Sherrill, S., Breno, A., **Ingel, S.**, & Taxman, F. (2019). *Alameda County Probation Department: Second Chance Act Evaluation: Final Report*. Fairfax, VA: George Mason University.

PAPERS UNDER REVIEW

- Smith, L. & **Ingel, S.** (Accepted). “It depends”: The emotional nature of video visitations between women jail residents and their loved ones.
- Rudes, D.S., Magnuson, S., & **Ingel, S.** (Accepted). Voices from Inside: Centering People Through Intentional Sampling, Coding, and Analysis Within Large Research Teams.
- **Ingel, S.** (Under Review). Beyond Neighborhoods: Collective Efficacy in Criminal Justice Organizations.

WORK IN PROGRESS PAPERS

- Rudes, D., Magnuson, S., & **Ingel, S.** (Work in Progress). Purposive Placement within Restricted Housing Units.

- Rudes, D., Magnuson, S., **Ingel, S.**, & Hartwell, T. (Work in Progress). Pains of Imprisonment: The Expressed & Relative Burdens of Living in Restricted Housing Units.
- **Ingel, S.**, Catlin, M., & Wilson, D. (Work in Progress). Meta-Analysis of Overdose Death Rates Among Recently Released Prisoners.
- **Ingel, S.**, Foudray, C., Rudes, D., & Brown, B. (Work in Progress). Helping in Hell: Defying Intensive and Intentional Deprivation within Restricted Housing Units.
- **Ingel, S.** & Lowder, E. (Work in Progress). Race, Misconduct, and Disciplinary Action in United States Prisons.

SERVICE

- Reviewer for *Journal of Offender Rehabilitation*, *International Journal of Offender Therapy and Comparative Criminology*, *Journal of Substance Use*, and *Perspectives*
- Treasurer for the Criminology, Law & Society Student Association at George Mason University 2019-2020

TRAININGS

- Co-led Atlas.ti Training for Texas Christian University 03/2021
- Co-led Atlas.ti Training for Sam Houston State University 09/2022
- Co-led Atlas.ti Training for Law & Society Association 02/2023
- Co-led Atlas.ti Training for Sam Houston State University 02/2023

SCHOLARSHIPS & AWARDS

- George Mason University Presidential Scholarship 08/2018-08/2022
- CLS Summer Award (\$5,000) 5/2019
- Honorable Mention in WSC's Miki Vohryzek-Bolden Student Paper Competition 2022
- Co-Winner of SSSP's Crime & Juvenile Delinquency Division's Graduate Student Paper Competition 2023
- ACJS Doctoral Summit Scholar 2023

PROFESSIONAL AFFILIATIONS

- American Society of Criminology
 - Division on Corrections & Sentencing
- Academy of Criminal Justice Sciences
- Society for the Study of Social Problems
- Psi Chi, the International Honors Society in Psychology
- Alpha Phi Sigma, the National Criminal Justice Honor Society

SKILLS

- Basic training in Atlas.ti, SPSS, STATA, and R