

CURRICULUM VITAE
SYDNEY N. INGEL

singel@gmu.edu
(774)-633-1186

George Mason University
Department of Criminology, Law & Society

EDUCATION

George Mason University Expected 5/2025
Doctoral Student in Criminology, Law and Society

- Dissertation: *Effects and Perceptions of IRAS-PAT Implementation in Indiana*

George Mason University 5/2020
M.A. Criminology, Law and Society

- Master's Thesis: *Unpacking Prison Culture: The Role of Staff Relationships*

Quinnipiac University 5/2018
B.A. Psychology & Criminal Justice

EXPERIENCE

Doctoral Research Scholar 8/2024 - 5/2025
George Mason University

Provost's Office—Dr. David Wilson

- Created IRB applications for two quantitative projects assessing the implementation of a risk assessment tool in Indiana.
- Conferred with four local stakeholders to design a survey assessing criminal legal professionals' perceptions of the implementation and use of a pretrial risk assessment tool.
- Disseminated a virtual survey to over 500 criminal legal professionals (i.e., judges, prosecutors, law enforcement, and pretrial officers) in Indiana via the software, *QualtricsTM*.
- Cleaned and descriptively analyzed survey data from 90 Indiana criminal legal professionals using the quantitative software, *R*.
- Collated 10 years of publicly available county-level data into a panel dataset and ran difference-in-difference statistical analyses to evaluate the impact of implementing a pretrial risk assessment tool in Indiana. Data cleaning and analysis for this project occurred in the quantitative software, *R*.

Graduate Research Assistant 8/2018 - 8/2024
George Mason University

ACE! (Center for Advancing Correctional Excellence)—Dr. Danielle Rudes

- Assisted on nine privately and federally funded qualitative projects with varying sized teams (3-12 members).

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- Co-led two needs assessments on the jail re-entry resources available in Douglas County, KS and Loudoun County, VA on behalf of local stakeholders.
- Conducted 112 face-to-face and phone interviews with diverse and vulnerable populations, including practitioners (probation officers, prison staff, and SUD peer navigators), academics, and individuals involved in the criminal legal system (general population prison residents and restrictive housing residents).
- Liaised with prison staff at six field sites to ensure team compliance with facility rules and facilitate a smooth data collection process.
- Coded and qualitatively analyzed 700+ interviews using the qualitative software, *Atlas.ti*.
- Coded and qualitatively analyzed data from 23 focus groups of juvenile probation officers (N = 72 participants) using the qualitative software, *Atlas.ti*.
- Authored nine peer-reviewed journal articles, two book chapters, and six technical reports.
- Presented research findings six times at both academic and practitioner conferences.

Graduate Teaching Assistant
George Mason University
Criminology, Law & Society Department—Dr. Noah Fritz

1/2024 - 5/2024

- Taught two adult-based classes (~15 students each) per week on how to conduct literature reviews, collate information, cite research, and format and write research papers.

Graduate Research Assistant
George Mason University
EJS (Early Justice Strategies) Lab—Dr. Evan Lowder

8/2022 - 1/2024

- Led a team of five in a systematic review of pretrial defendants' needs while they await case resolution. This included searching databases, abstract-level screening, full-text level screening, double-coding included articles, running inter-coder reliability statistics, and running descriptive analyses.
- Conducted qualitative research on a privately grant-funded project to assess pretrial defendants' perceptions of the pretrial process. This involved personally interviewing 18 pretrial defendants via phone and working on a six-person team to transcribe and code all 74 interviews.
- Presented research findings at an academic conference.

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U.S. Marshals Service Intern 9/2017 - 12/2017

U.S. Marshals Service Office, New Haven, CT

Hours: 10 hours per week, part-time

- Assisted Threat Investigator with investigations into threatening or suspicious activity directed towards federal court personnel. Assisted by doing reverse IP address lookups, social media lookups, reading call transcripts, and writing reports.
- Audited case files of people in custody to make sure the files contained all required informational fields (e.g., current location, gang affiliation).
- Observed federal court process by attending trials, sentencing, arraignments, and hearings.

1/2017 - 4/2017

Public Defender Intern

New Haven Public Defenders Office, New Haven, CT

Hours: 10-14 hours per week, part-time

- Assisted with 5-12 intake interviews per day to help indigent individuals complete their applications of public defense.

Adult Probation Intern

Adult Probation Intake Office, New Haven, CT

Hours: 14 hours per week, part-time

- Assisted with the intake of 7-10 clients per day to help newly sentenced probationers understand and comply with court orders.

6/2016 - 8/2016

PUBLICATIONS

Peer Reviewed Articles

- Umamaheswar, J., Frye, P., Eife, E., & Ingel, S. (2025). Pretrial processing and the making of incipient carceral citizens. *Punishment & Society*, 0(0), 1-25.
- Rudes, D. S., Magnuson, S., & **Ingel, S.** (2024). Purposive Placement: Autonomy Through Self-Lock-Up in Restrictive Housing Units. *The British Journal of Criminology*, XX(X), 1-19.
- Kushmerick-McCune, B., **Ingel, S.**, Rudes, D. S., & Brown, W. (2024). Statewide Prison Language Mandates: Where Intention and Implementation Diverge. *Prison Journal*. <https://doi.org/10.1177/00328855241286512>
- Smith, L., **Ingel, S.**, & Rudes, D. (2023). “Like an animal”: the well-being of women living in restricted housing units. *Health & Justice*, 11(15). <https://doi.org/10.1186/s40352-023-00215-y>

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- **Ingel, S.**, Drazdowski, T., Rudes, D., McCart, M., Chapman, J., Taxman, F., & Sheidow, A. (2023). Juvenile Probation Officers' Perceptions of Sanctions and Incentives as Compliance Strategies. *Journal of Applied Juvenile Justice Services*.
- **Ingel, S.**, Barberi, D., Rudes, D., & Taxman, F. (2022). Lessons Learned from a Peer Support Program for Individuals Seeking Substance Use Recovery. *Journal of Offender Rehabilitation*, 61(8), 1-15. DOI: [10.1080/10509674.2022.2128151](https://doi.org/10.1080/10509674.2022.2128151)
- **Ingel, S.**, Davis, L., Rudes, D., Taxman, F., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., & Sheidow, A. (2022). Juvenile Probation Officer Perceptions of Parental Involvement in Juvenile Probation and with Contingency Management. *Criminal Justice and Behavior*.
- **Ingel, S.**, Davis, L., Rudes, D.S., Hartwell, T., Drazdowski, T., McCart, M., Chapman, J., Taxman, F., & Sheidow, A. (2021). Misunderstanding and Sensemaking among Juvenile Probation Officers Working with Evidence-Based Practices. *Victims & Offenders*. doi: [10.1080/15564886.2021.1985670](https://doi.org/10.1080/15564886.2021.1985670)
- Rudes, D., Magnuson, S., **Ingel, S.**, & Hartwell, T. (2021). Rights-in-Between: Resident Perceptions of and Accessibility to Rights within Restricted Housing Units. *Law & Society Review*, 55(2), 296-319.
- **Ingel, S.**, Smith, L., Rudes, D., & Magnuson, S. (2021). Strain & Gain: Deprivation Leads to Innovation Within Restricted Housing Prison Units. *Deviant Behavior*, 42(1), 1-19. DOI: <https://doi.org/10.1080/01639625.2021.1913453>
- **Ingel, S.**, Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*, 15(2), e12847.

Technical Reports

- Rudes, D., Kushmerick-McCune, B., Narvey, C., **Ingel, S.**, & Toman, E. (2024). *Bureau of Justice Fellowship: Enhancing Corrections Spaces & Cultures: Final Report*. Huntsville, TX: Sam Houston University.
- Rudes, D., **Ingel, S.**, & Kushmerick-McCune, B. (2023). *System Review of Fairfax County's Juvenile & Domestic Relations District Court (adult)*. Fairfax, VA: George Mason University.
- Rudes, D., **Ingel, S.**, Smith, L., Kushmerick-McCune, B., & McPherson Arter, M. (2022). *Examining the Current State of Civil Court Research in the United States*. Fairfax, VA: George Mason University.

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- Rudes, D. & **Ingel, S.** (2021). *Individual, Organizational, & Community Analysis In Preparation for a Diversion Program*. Fairfax, VA: George Mason University.
- Rudes, D., **Ingel, S.**, & Portillo, S. (2020). *Douglas County, Kansas: Individual, Organizational, & Community Gap Analysis Regarding Justice-Involved Individuals (pre-, during, and post-incarceration)*. Fairfax, VA: George Mason University.
- Debus-Sherrill, S., Breno, A., **Ingel, S.**, & Taxman, F. (2019). *Alameda County Probation Department: Second Chance Act Evaluation: Final Report*. Fairfax, VA: George Mason University.

Teaching Materials

- **Ingel, S.**, Richards-Karamarkovich, A., Bietsch, S., & Rudes, D. (2021). Teaching and Learning Guide for: Privacy Violations and Procedural Justice in United States Prisons and Jails. *Sociology Compass*.

Book Chapters

- Kushmerick-McCune, B., **Ingel, S.**, Rudes, D. S., & Lasalle, C. M. B. (In Press). Hunger, Health, and Harm: Perceptions of Prison Food, Medical Care, and Well-Being. In N. Link, M. Novisky, & C. Fahmy (Eds.), *Handbook on Contemporary Issues in Health and Punishment*. Routledge.
- Rudes, D.S., Magnuson, S., & **Ingel, S.** (2024). Voices from Inside: Centering People Through Intentional Sampling, Coding, and Analysis Within Large Research Teams. In A. M. Humble & M. E. Radina (Eds.), *How Qualitative Data Analysis Happens: Moving Beyond "Themes Emerged" (Expanded Edition)* (pp. XX). Routledge. 10.4324/9781003254041-10.
- **Ingel, S.** & Carlisle, H. J. (2024) Pay to Talk: The Financial Barriers, Consequences, and Solutions to Prison and Jail Communication. In K. M. Budd, H. Dillaway, D. C. Lane, G. W. Muschert, M. Nair, & J. A. Smith (Eds.), *Agenda for Social Justice 3: Solutions for 2024* (pp. XX). Bristol University Press.
- Smith, L. & **Ingel, S.** (2023). "It depends": The emotional nature of video visitations between women jail residents and their loved ones. In D. Rudes, G. Armstrong, K. Kras, & T. Carter (Eds.), *Handbook on Prisons and Jails* (pp. 9-21). Routledge.
- Smith, L., & **Ingel, S.** (2022). "We, as Women, Focus on Relationships": Women Jail Residents' Resource Attainment Efforts via Connections with Female Correctional Officers. In

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E.M. Ahlin, O. Mitchell, & C.A. Atkin-Plunk (Eds.), *Handbook on Inequalities in Sentencing and Corrections among Marginalized Populations* (pp. 148-158). Routledge.

CONFERENCE PRESENTATIONS

- “Using Routine Activities Theory to Explore Violence in Prisons & Jails” at Academy of Criminal Justice Sciences, Denver, CO. March, 2025.
- “Diversity and Complexity in Incarcerated Individuals’ Perceptions of Labels” at American Society of Criminology, San Francisco, CA. November, 2024.
- ““Can we talk about the food in these places?”: The Relationship Between Prison Food, Medical Systems, and Health Outcomes” at American Society of Criminology, Philadelphia, PA. November 2023.
- “A Systematic Review of Criminogenic Needs During the Pretrial Period” at American Society of Criminology, Philadelphia, PA. November 2023.
- “Race, Misconduct, and Disciplinary Action in United States’ Prisons” at Society for the Study of Social Problems, Philadelphia, PA. August 2023.
- ““They should call me by my name’: Incarcerated Individuals’ Perceptions of Labels” co-presented at Law and Society Association, San Juan, PR. June 2023.
- “Race, Misconduct, and Disciplinary Action in United States Prisons” at American Society of Criminology, Atlanta, GA. November 2022.
- ““Like an animal’: The Well-being of Women Living in Restricted Housing Units” at American Society of Criminology, Atlanta, GA. November 2022.
- “Prevalence of Drug-Related Deaths Among Formerly Incarcerated Individuals: A Meta-Analysis” poster presented at Western Society of Criminology Conference, Honolulu, Hawaii. February 2022.
- ““We, as women, focus on relationships’: Women Jail Residents Resource Attainment Efforts via Correctional Officer Relationships” at American Society of Criminology Conference, Chicago, IL. November 2021.
- “Reaching Out: Prosocial Behavior in Restricted Housing Units” at American Society of Criminology Conference, Chicago, IL. November 2021.

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- “Deprivation Leads to Innovation Within Restricted Housing Units” at American Sociological Association, Virtual Conference. August 2021.
- “Relational Supervision: Relationships among non-custodial staff and individuals in prison” at American Society of Criminology Conference, San Francisco, CA. November 2019.

SERVICE

- Peer reviewed 13 articles for 8 journals (*Perspectives, Journal of Offender Rehabilitation, Journal of Crime & Justice, Journal of Substance Use, International Journal of Offender Therapy and Comparative Criminology, Health & Justice, Criminal Justice and Behavior, Evaluation & Program Planning*)

FUNDING & AWARDS

- ACJS Corrections Section's Kelly Cheeseman Outstanding Student Travel Award 2025
- Doctoral Research Scholarship from George Mason University's Provost Office 2024
- Academy of Criminal Justice Sciences Doctoral Summit Scholar 2023
- Co-Winner of the Society for the Study of Social Problems' Crime & Juvenile Delinquency Division's Graduate Student Paper Competition 2023
- Honorable Mention in Western Society of Criminology's Miki Vohryzek-Bolden Student Paper Competition 2022
- George Mason University Presidential Scholarship 2018 - 2022
- Department of Criminology, Law, and Society Summer Independent Research Award 2019

PROFESSIONAL AFFILIATIONS

- American Society of Criminology
 - Division on Corrections & Sentencing
- Academy of Criminal Justice Sciences
- Society for the Study of Social Problems